

QUICK GUIDE TO GETTING STARTED WITH ZERO SUICIDE

1	Read the online Zero Suicide Toolkit to understand the Zero Suicide framework and the resources available to do this work.
2	Challenge your organization to adopt a comprehensive approach to suicide care using the readings and tools in the Lead Toolkit section.
3	Convene a Zero Suicide implementation team consisting of 5-10 staff members who will lead this initiative.
4	Complete the Zero Suicide Organizational Self-Study as a team.
5	Visit the Zero Suicide Institute [®] to learn about training and consultation available.
6	Formulate a plan to collect data to support evaluation and quality improvement using the Zero Suicide Data Elements Worksheet . Make a plan to review data routinely.
7	Announce to staff the adaptation of an enhanced suicide care approach. Administer the Zero Suicide Workforce Survey to all clinical and non-clinical staff to learn more about their perceived comfort and competence caring for those at risk for suicide.
8	Review and develop processes and policies for screening, assessment, risk formulation, treatment, and care transitions. Examine the use of health records to support processes.
9	Evaluate progress and measure results.
10	Utilize the Zero Suicide Email Discussion List . Post Questions, obstacles, successes, and outcomes with the larger Zero Suicide community.