

CALL FOR APPLICATIONS: OREGON ZERO SUICIDE ACADEMY® September 18-19, 2018 Portland, OR

Application Deadline: June 15, 2018

Sponsoring Organization: The Oregon Zero Suicide Academy® is sponsored by the Oregon Health Authority.

Zero Suicide Academy® Description: The Zero Suicide Academy® is a two-day training for senior leaders of health and behavioral health care organizations that seek to dramatically reduce suicides among patients in their care. Using the Zero Suicide framework, participants learn how to incorporate best and promising practices into their organizations and processes to improve care and safety for individuals at risk. Zero Suicide faculty provide both interactive presentations and small group sessions, and collaborate with participants to develop organization-specific action plans. The objectives of the Zero Suicide Academy® are to (a) provide organizations interested in adopting a Zero Suicide approach with the skills and information necessary to launch their effort; (b) create collaborative links between the organizations launching these initiatives in order to provide mentorship and support so that the perspectives, knowledge, and skills of each inform the work of the others; and (c) aid in developing implementation plans for the Zero Suicide initiatives at each participating organization. The Zero Suicide Academy® is presented by the Education Development Center, Inc.

Zero Suicide is a key concept of the 2012 [National Strategy for Suicide Prevention \(NSSP\)](#).

The NSSP calls for suicide prevention to be a core component of health care services and for the implementation of effective clinical and professional practices for assessing and treating those at risk for suicide. Objective 8.1 specifically promotes the adoption of “zero suicides” as an aspirational goal by health care and community support systems that provide services and support to defined patient populations.

Zero Suicide is a priority of the [National Action Alliance for Suicide Prevention \(Action Alliance\)](#).

The Action Alliance is the public-private partnership advancing the NSSP by championing suicide prevention as a national priority, catalyzing efforts to implement high-priority objectives of the NSSP, and cultivating the resources needed to sustain progress. Zero Suicide builds on the momentum of the 2011 report released by the Action Alliance’s Clinical Care and Intervention Task Force, [Suicide Care in Systems Framework](#).

Zero Suicide Model: The Zero Suicide model aims to improve care and outcomes for individuals at risk of suicide seen in health care systems. To assist health and behavioral health care organizations in developing and implementing a Zero Suicide approach, www.zerosuicide.com offers an evolving online toolkit. Zero Suicide is a comprehensive approach which includes the following dimensions:

1. Create a leadership-driven, safety-oriented culture committed to dramatically reducing suicide among people under care. Include suicide attempt and loss survivors in leadership and planning roles.
2. Develop a competent, confident, and caring workforce.
3. Systematically identify and assess suicide risk among people receiving care.
4. Ensure every person has a suicide care management plan, or pathway to care, that is both timely and adequate to meet his or her needs. Include collaborative safety planning and restriction of lethal means.
5. Use effective, evidence-based treatments that directly target suicidality.
6. Provide continuous contact and support, especially after acute care.
7. Apply a data-driven quality improvement approach to inform system changes that will lead to improved patient outcomes and better care for those at risk.

Application: The Zero Suicide Academy® application consists of:

1. A cover sheet, using the template provided on page 4. **The lead applicant will receive all correspondence and must be one of the four team members.**
2. A letter of commitment written by the organization's CEO or Director. The Director should review and approve the submission and agree to the strategy proposed.
3. A narrative that, in no more than four pages (single spaced and 12 point font), responds to the following:
 - a. Briefly describe the members of your team and the relevant skills, knowledge, career goals, and experience they bring to the Zero Suicide Academy®.
 - b. What successes and /or challenges have you had as a team or with other collaborative efforts?
 - c. How do you plan to successfully embed and sustain comprehensive suicide care in your organization?
 - d. What are your team's goals for participating in the Zero Suicide Academy® and what does the team hope to learn during the training?
 - e. One-page abstract describing the Zero Suicide initiative that your organization proposes to conduct. The abstract must include: aims, description of approach, implementation plan, and timeline drawing heavily from the www.zerosuicide.com toolkit.
 - f. Whether or not your organization will commit to participate in the Oregon Community of Practice for Better Suicide Care following the Academy (see [draft Memorandum of Understanding for details](#)^[CLF1]). Priority will be given to organizations that commit to

- participate in the Oregon Community of Practice for Better Suicide Care.
4. A Zero Suicide Organizational Self-Study, completed by the team members. The Self-Study can be found at <http://zerosuicide.sprc.org/resources/zero-suicide-organizational-self-study>.

Eligibility: Eligibility is limited to health and behavioral health care systems in Oregon. First-time Zero Suicide Academy applicants will be given priority. Space is limited to 16 teams of 4 individuals. Applicants must come with a team of 4 individuals and must attend both days: Day 1 (September 18, 2018) – 9:00 AM to 5:00 PM and Day 2 (September 19, 2018) – 8:00 AM to 3:00 PM. The Academy will be held in Portland, Oregon. Teams should include at least one senior leader from the organization as well as the person(s) responsible for implementation decisions and/or the individual providing lived experience perspective to the organization. Priority will be given to organizations that commit to participation in the Oregon Community of Practice for Better Suicide Care. The Oregon Community of Practice for Better Suicide Care will consist of four virtual learning sessions between November 2018 and July 2019 as well as one in-person meeting in late summer or early autumn of 2019 (date and location TBD).

Funding: Zero Suicide Academy® fees, materials, breakfast, and lunch on September 18 and 19 will be provided by the Oregon Health Authority. Oregon Health Authority will cover costs of hotel rooms for up to four team members of participating organizations traveling more than 70 miles one-way, for the nights of September 17-18, 2018. As funding allows, Oregon Health Authority will provide limited mileage scholarships based on demonstrated financial need. All other costs are not included and must be covered by participating organizations.

Selection Criteria: The review committee will rate applications based on their merit in responding to this application. The review committee reserves the right to select participants who are representative of geographical and organizational diversity. Applications will be judged using the following criteria:

1. The CEO or Director's knowledge of and commitment to the Zero Suicide initiative.
2. The feasibility of the timeline and work plan.
3. The organization's plans and expectations for embedding the Zero Suicide model into care as outlined in the www.zerosuicide.com toolkit.
4. Demonstrated commitment to collaboration among team members.
5. The incorporation of persons with lived experience in leadership and planning roles.
6. Commitment to participation in the Oregon Community of Practice for Better Suicide Care after the Zero Suicide Academy®.

Deadline: Application materials should be submitted via e-mail as two PDF files to ckratz@edc.org by June 15, 2018 at 5:00 pm EST. One PDF should include the following items in the following order: Cover sheet, Letter of commitment, and Narrative. The other PDF should consist of the completed Zero Suicide Organizational Self-Study. You will be notified via email by July 16, 2018 about your application

status.

Timeline:

Application released	March 13, 2018
Application due	June 15, 2018
Applicants notified of their status	July 16, 2018
Zero Suicide Academy® conducted	September 18-19, 2018

Questions:

Please contact Jasmine Atkinson, EDC, at JAtkinson@edc.org or (202) 572- 5306.

Oregon Zero Suicide Academy® Application Cover Sheet

Organization Name:			
City, State:			
Lead Applicant			
Name, Degrees:			
Job Title:			
Phone Number:			
Email Address:			
Other Team Members			
Name, Degrees:			
Job Title:			
Email Address:			
Name, Degrees:			
Job Title:			
Email Address:			
Name, Degrees:			
Job Title:			
Email Address:			
Type of organization (check all that apply):		Please list other practice transformation initiatives (e.g., trauma informed care, just in time scheduling, collaborative documentation, expansion of peer workforce, etc.) your organization is currently working on.	
<input type="checkbox"/> Community mental health center <input type="checkbox"/> Other behavioral health organization (e.g. alcohol and drug treatment, community psychiatric rehab, crisis response) <input type="checkbox"/> Federally qualified health center <input type="checkbox"/> Inpatient hospital <input type="checkbox"/> Integrated delivery system <input type="checkbox"/> Private insurer <input type="checkbox"/> Public insurer <input type="checkbox"/> State department of health or mental health <input type="checkbox"/> Other, please describe:			
Number of clients served annually by your organization:			
Number of service sites:			
Total number of staff employed or contracted (include both clinical and non-clinical):			
Which population is your organization's primary focus? (Check both if applicable.)		<input type="checkbox"/> Adults <input type="checkbox"/> Youth	
Is your organization an Indian Health Service site, Tribal Health Program, or Urban Indian Health Program?		<input type="checkbox"/> Yes <input type="checkbox"/> No	

Oregon Public Health Division and

**OHA Zero Suicide Academy and Community of Practice for Better Suicide Care
Memorandum of Understanding**

This Memorandum is between the Oregon Public Health Division **and the above named, further referred to as [X Organization] to support continued implementation of Zero Suicide through September 29, 2019.**

Administrator for this Memorandum:

Administrator name: Laura Chisholm, MA, MPH Injury Prevention Program Manager Oregon Public Health Division	Administrator address: 800 NE Oregon Street, Suite 705 Portland, OR 97232	Phone number: 971-673-0987 Fax number: 971-673-0990
Email address:		

[Other organization] Administrator for this Memorandum:

Administrator name:	Administrator address:	Phone number: Fax number:
Email address:		

1. Memorandum of Understanding (MOU) Period

This MOU shall become effective upon being fully executed by both parties. Unless extended or terminated earlier in accordance with its terms, this MOU shall be effective through September 29, 2019.

2. Amendments

This MOU may be amended. No changes to or waivers of provision of this MOU will be valid until they have been reduced to writing, approved and signed by all parties.

3. Background

The Oregon Health Authority, Oregon Public Health Division, Injury and Violence Prevention Program is dedicated to preventing suicide in Oregon through partnerships with federal, state and local agencies, health and behavioral health care organizations and other community partners. The OHA-PHD is hosting a Zero Suicide Academy in Portland September 18-19, 2018, and will support continued work on implementation via a Community of Practice (CoP) that will run from October 2018 through September 2019.

4. Purpose of the Memorandum and Statement of Work

The Zero Suicide Initiative is a commitment to suicide prevention in health and behavioral health care systems. It is also a specific set of tools and strategies. Its core propositions are that suicide deaths for people under care are preventable, and that the bold goal of zero suicides among persons receiving care is an aspirational challenge that health systems

should accept and work toward. This approach aims to improve care and outcomes for individuals at risk of suicide in health care systems.

Zero Suicide goals are to:

1. LEAD: Create a leadership-driven, safety oriented culture committed to dramatically reducing suicide among people under care. Include suicide attempt and loss survivors in leadership and planning roles.
2. TRAIN: Develop a competent, confident, and caring workforce.
3. IDENTIFY: Systematically identify and assess suicide risk among people receiving care.
4. ENGAGE: Ensure every person has a suicide care management plan, or pathway to care, that is both timely and adequate to meet their needs. Include collaborative safety planning and restriction of lethal means.
5. TREAT: Use effective, evidence-based treatments that directly target suicidality.
6. TRANSITION: Provide continuous contact and support, especially after acute care.
7. IMPROVE: Apply a data-driven quality improvement approach to inform system changes that will lead to improved patient outcomes and better care for those at risk.

Achievement of a zero suicide goal requires a long-term commitment and sustained efforts at a system level that can last many years. Therefore, within the scope of this agreement [X Organization] will identify and prioritize at least one of the above goals and focus work on the Zero Suicide Academy and Oregon CoP for Better Suicide Care to achieve sustainable improvements in this prioritized goal area. The IMPROVE goal of Zero Suicide is infused into all elements of the initiative and will be infused into any goal(s) [X Organization] prioritizes. To support continued implementation, OHA-PHD will convene the Oregon CoP for Better Suicide Care through September 2019. All organizations participating in the Zero Suicide Academy are invited to participate in the Oregon Zero Suicide Community of Practice.

A CoP is a member-driven group that engages in virtual learning and sharing on an ongoing-specific topic that participants are also implementing in real-world settings. The benefits of participating in the Cop include connecting with other Oregon healthcare organizations implementing better suicide care practices as well as hearing from state and national experts on their experiences implementing better suicide care practices. You will also:

- Gain knowledge and ideas to address on-the-ground challenges.
- Have opportunities to share expertise in a particular topic area.
- Share peer learning opportunities Zero Suicide partners in the state.

OHA Zero Suicide Academy

[X Organization] Responsibilities: Zero Suicide Academy

1. Complete the ZS Organizational Self-Study¹ by **August 1, 2018**.

¹ This tool is available on the Zero Suicide website: <https://zerosuicide.sprc.org/toolkit>

2. Convene a ZS Implementation Team and send up to four members to attend the ZS Academy in Portland, Oregon on September 18-19, 2018.
3. Develop a ZS implementation work plan that identifies one or more priority ZS goals; outlines steps toward achievable systems improvement in this goal area by September 29, 2019; and identifies an executive sponsor and implementation lead for each step.

OHA-PHD-IVPP Responsibilities: Zero Suicide Academy

1. Provide technical assistance to organizations applying to attend the ZS Academy, including up to X hours of telephone consultation regarding completion of the ZS Organizational Self-Study.
2. Host a Zero Suicide (ZS) Academy, to take place in Portland, Oregon on September 18-19, 2018.
3. Cover hotel expenses for up to four members of the [X Organization] Zero Suicide Implementation Team to attend the ZS Academy in Portland, OR for the nights of September 17-18, 2018, for participants traveling more than 70 miles one way.
4. As funding allows, provide mileage scholarships for ZS Academy participants with demonstrated financial need.

Oregon Community of Practice for Better Suicide Care

[X Organization] Responsibilities: Oregon Community of Practice for Better Suicide Care

1. At least two members of the [X Organization] ZS Implementation Team participate consistently on 4 Community of Practice calls. During these calls, team members will provide brief verbal reports on progress and participate in discussions with peers to celebrate successes and troubleshoot better suicide care implementation challenges. Each call will be 2 hours long.
2. Collaborate with OHA technical assistance providers to identify which implementation metrics² [X Organization] will track through September 2019 to meet the IMPROVE goal of ZS.
3. Report on identified implementation metrics on 5 occasions through September 2019, using reporting tools provided by OHA-PHD-IVPP.
4. Up to 4 members of the ZS implementation team attend a Community of Practice in-person meeting in late summer or early autumn of 2019 (date and location TBD).

OHA-PHD-IVPP Responsibilities: Community of Practice for Better Suicide Care

1. Provide technical assistance to identify implementation metrics.
2. Develop implementation metric reporting tools.
3. Provide quarterly snapshot reports regarding progress on implementation metrics.
4. Host and facilitate four 2 hour Community of Practice calls with [X Organization] ZS team and representatives of other participating health systems.

² Zero Suicide implementation metrics are available through the Education Development Center, Inc. at <https://zerosuicide.sprc.org/toolkit/improve>.

5. Convene and facilitate an in-person Community of Practice meeting in late summer or early autumn of 2019, including teams from other organizations across Oregon implementing Zero Suicide.
6. Provide monthly technical assistance calls to the [X Organization] ZS Leadership Team to support progress on organizational goals for implementing Zero Suicide established at the ZS Academy.
7. Provide a report of de-identified, cumulative Zero Suicide implementation progress indicators, cumulative across Oregon systems implementing Zero Suicide, by November 29, 2019.

1. Financial Agreement

OHA-PHD will cover all costs related to hosting and facilitating Zero Suicide Academy and Community of Practice for Better Suicide Care meetings. OHA-PHD will cover hotel expenses for up to four members of the [X Organization] Zero Suicide Implementation Team to attend the ZS Academy in Portland, OR for the nights of September 17-18, 2018, for participants traveling more than 70 miles one way. OHA-PHD will also provide limited mileage scholarships for ZS Academy participants with demonstrated financial need.

2. Termination

- A. This Memorandum may be terminated by mutual consent of both parties or by either party with thirty (30) days written notice.
- B. Any termination under paragraph (a) or (b) above this section shall be without prejudice to any obligations or liabilities of either party already accrued prior to such termination.
- C. OHA-PHD or [X Organization], by written notice, may terminate the whole or any part of this MOU:
 - i. If OHA-PHD or [X Organization] fail to provide services called for by this MOU within the time specified herein or any extension thereof; or
 - ii. Of OHA-PHD or [X Organization] fail to perform any of the other provisions of the MOU, or so fails to pursue the work as to endanger performance of this MOU in accordance with its terms, and after receipt of written notice from Agency, fails to correct such failures within ten (10) days or such longer period as authorized.

This MOU is at-will and may be modified by mutual consent of authorized officials from OHA-PHD and [X Organization]. This MOU shall become effective upon signature by the authorized officials from the listed parties and will remain in effect until modified or terminated by any one of the partners by mutual consent. In the absence of mutual agreement by the authorized officials from OHA-PHD and [X Organization] this MOU shall end on July September 29, 2019.

This Memorandum has been executed to support Zero Suicide implementation with [X Organization].

Oregon Health Authority—Public Health Division

Authorized Signature:	Title:	Date
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Print Signature:	Email Address:	

[X Organization]

Authorized Signature:	Title:	Date
Print Signature:	Email Address:	