

## SUICIDE CARE TRAINING OPTIONS

### SUICIDE RISK DETECTION AND REFERRAL (PAGE 1 OF 2)

TRAINING NAME (Organization) Website	LENGTH & FORMAT	PROGRAM HIGHLIGHTS
Applied Suicide Intervention Skills Training (ASIST) (LivingWorks) <a href="http://www.livingworks.net/programs/asist">www.livingworks.net/programs/asist</a>	2 days (14 hours) In person	<ul style="list-style-type: none"><li>• Workshop emphasizes teaching suicide first aid to help a person at risk stay safe and seek further help as needed</li><li>• Standardized, customizable, and delivered by two trainers</li></ul>
Connect Suicide Prevention/Intervention Training (National Alliance on Mental Illness: New Hampshire) <a href="http://www.theconnectprogram.org">www.theconnectprogram.org</a>	1- to 4-hour options In person	<ul style="list-style-type: none"><li>• Training uses the socio-ecological model</li><li>• Examines suicide prevention and intervention in the context of the individual, family, community, tribe (if applicable), and society</li></ul>





<b>TRAINING NAME</b> <b>(Organization)</b> <b>Website</b>	<b>LENGTH &amp;</b> <b>FORMAT</b>	<b>PROGRAM HIGHLIGHTS</b>
<p>Structured Follow-Up and Monitoring for Suicidal Individuals (NY State Office of Mental Health and Columbia University) <a href="http://zerosuicide.sprc.org/sites/zerosuicide.sprc.org/files/monitor_suicidal_individuals/course.htm">http://zerosuicide.sprc.org/sites/zerosuicide.sprc.org/files/monitor_suicidal_individuals/course.htm</a></p>	<p>45 minutes Online, self-paced</p>	<ul style="list-style-type: none"> <li>• Describes what structured follow-up and monitoring is and how it can help suicidal individuals</li> <li>• Participants learn how to provide structured follow-up and monitoring for individuals after a crisis -- during the time of transition from an emergency visit, when there is increased suicide ideation, or after a suicide attempt</li> </ul>

**CLINICAL ASSESSMENT & MANAGEMENT OF SUICIDE RISK (PAGE 1 OF 6)**

<p><b>TRAINING NAME</b> (Organization) Website</p>	<p><b>LENGTH &amp; FORMAT</b></p>	<p><b>PROGRAM HIGHLIGHTS</b></p>
<p>Assessing &amp; Managing Suicide Risk (AMSR) (Suicide Prevention Resource Center) <a href="http://www.sprc.org/training-institute/amr">www.sprc.org/training-institute/amr</a></p>	<p>1 day In person</p>	<ul style="list-style-type: none"> <li>• Research-informed workshop</li> <li>• Focuses on 24 core competencies clinicians need to be successful in working with suicidal clients</li> <li>• Uses a mix of lecture, discussion, case review, video demonstrations, and written and paired practice exercises</li> </ul>
<p>At-Risk in the ED (Kognito) <a href="https://www.kognito.com/products/er/about/">https://www.kognito.com/products/er/about/</a></p>	<p>1.5 hours Online, self-paced</p>	<ul style="list-style-type: none"> <li>• Training simulation structured around a series of clinical scenarios where users engage in role-play practice conversations with virtual patients</li> <li>• Designed to prepare emergency department personnel to: Screen patients for mental health and substance abuse disorders, including suicide risk; perform brief interventions; refer patients to treatment</li> </ul>



<b>TRAINING NAME</b> <b>(Organization)</b> <b>Website</b>	<b>LENGTH &amp;</b> <b>FORMAT</b>	<b>PROGRAM HIGHLIGHTS</b>
<p>At-Risk in Primary Care (Kognito) <a href="https://www.kognito.com/products/pcp/">https://www.kognito.com/products/pcp/</a></p>	<p>1 hour Online, self-paced</p>	<ul style="list-style-type: none"> <li>• Training simulation structured around a series of clinical scenarios where users engage in role-play practice conversations with virtual patients</li> <li>• Designed to prepare primary care personnel to: Screen patients for mental health and substance abuse disorders, including suicide risk; perform brief interventions; refer patients to treatment</li> </ul>
<p>Commitment to Living (Anthony Pisani, PhD) <a href="http://commitmenttoliving.com">http://commitmenttoliving.com</a></p>	<p>3 hours In person</p>	<ul style="list-style-type: none"> <li>• Workshop teaches a practical and compassionate approach for responding to suicide risk</li> <li>• Covers core competencies in suicide risk assessment, documentation, and decision making</li> </ul>

<http://www.sprc.org/resources-programs/calm-counseling-access-lethal-means>

<b>TRAINING NAME</b> <b>(Organization)</b> <b>Website</b>	<b>LENGTH &amp;</b> <b>FORMAT</b>	<b>PROGRAM HIGHLIGHTS</b>
Collaborative Assessment and Management of Suicidality (CAMS) <a href="http://cams-care.com/training">http://cams-care.com/training</a>	Varies In person, role-play, or consultation calls	<ul style="list-style-type: none"> <li>• Teaches the Collaborative Assessment and Management of Suicidality (CAMS), an evidence-based, therapeutic framework emphasizing collaborative assessment and treatment planning.</li> <li>• There are various CAMS training options to meet the needs and expectations of a wide range of clinicians and systems of care.</li> </ul>
QPRT and QPRT for Nurses (QPR Institute) <a href="http://www.qprinstitute.com">www.qprinstitute.com</a>	7–12 hours In person, online, or blended	<ul style="list-style-type: none"> <li>• Training pairs foundational lectures with practice interviews</li> <li>• Participants practice conducting standardized, seven-step, suicide risk assessment interviews</li> <li>• Designed to teach clinicians how to develop and implement crisis, safety, and treatment plans</li> </ul>





<b>TRAINING NAME</b> <b>(Organization)</b> <b>Website</b>	<b>LENGTH &amp;</b> <b>FORMAT</b>	<b>PROGRAM HIGHLIGHTS</b>
<p>Recognizing &amp; Responding to Suicide Risk in Primary Care (American Association of Suicidology) <a href="http://www.suicidology.org/training-accreditation/rrsr-pc">http://www.suicidology.org/training-accreditation/rrsr-pc</a></p>	<p>1 hour Online, self-paced</p>	<ul style="list-style-type: none"> <li>• Designed for physicians, nurses/nurse Practitioners, and physician assistants</li> <li>• Participants learn how to integrate suicide risk assessments into routine office visits, to formulate relative risk, and to work collaboratively with patients to create treatment plans</li> <li>• Includes a pocket assessment tool and reproducible patient handouts</li> </ul>
<p>Recognizing &amp; Responding to Suicide Risk (American Association of Suicidology) <a href="http://www.suicidology.org/training-accreditation/rrsr">http://www.suicidology.org/training-accreditation/rrsr</a></p>	<p>2 days In person</p>	<ul style="list-style-type: none"> <li>• Advanced, interactive training</li> <li>• Designed for mental health clinicians who want to acquire skills in 24 core clinical competencies for working with suicidal clients</li> <li>• Attendance limited to 50 participants</li> </ul>

<b>TRAINING NAME</b> <b>(Organization)</b> <b>Website</b>	<b>LENGTH &amp;</b> <b>FORMAT</b>	<b>PROGRAM HIGHLIGHTS</b>
<p>Suicide to Hope: A Recovery and Growth Workshop (LivingWorks) <a href="http://www.livingworks.net">www.livingworks.net</a></p>	<p>8 hours, including lunch In person</p>	<ul style="list-style-type: none"> <li>• Workshop provides tools to help professional caregivers and individuals with experiences of suicide work together to develop recovery goals.</li> <li>• Competencies and skills focus on structuring and managing work with an individual recently at risk of suicide and/or coordinating that work with other caregivers.</li> </ul>
<p>Unlocking Suicidal Secrets: New Thoughts on Old Problems in Suicide Prevention (Shawn Shea, PhD) <a href="https://suicideassessment.com/suicide-prevention-training/">https://suicideassessment.com/suicide-prevention-training/</a></p>	<p>6.5 hours, shortened by request In person</p>	<ul style="list-style-type: none"> <li>• Didactic workshop covering suicide assessment, including: the CASE approach; prevention; documentation of risk; treatment planning; and building resiliency</li> <li>• Uses lecture, video demonstrations, and Q&amp;As</li> <li>• Can be taken alone or followed by Chronological Assessment of Suicide Events (CASE)</li> </ul>